

# **5th ASEAN Conference on Psychology, Counselling, and Humanities (ACPCH 2019)**

**Towards the Psycho-Social Well-Being of  
Society: Challenges and Opportunities in the  
Digital Age**

Advances in Social Science, Education and Humanities  
Research Volume 395

Gelugor, Malaysia  
2 - 3 November 2019

## **Editors:**

**Yasmin Othman Mydin  
Akhsanul In'am  
Nor Shafrin Ahmad  
Mohamad Hashim Othman**

**Nurul Fazzuan Bin Khalid  
M. Salis Yuniardi  
Tulus Winarsunu  
Yohan Kurniawan**

ISBN: 978-1-7138-0706-3

**Printed from e-media with permission by:**

Curran Associates, Inc.  
57 Morehouse Lane  
Red Hook, NY 12571



**Some format issues inherent in the e-media version may also appear in this print version.**

Copyright© (2019) by Atlantis Press  
All rights reserved.  
Copyright for individual electronic papers remains with the authors.

For permission requests, please contact the publisher:

Atlantis Press  
Amsterdam / Paris

Email: [contact@atlantis-press.com](mailto:contact@atlantis-press.com)

Conference Website: <http://www.atlantis-press.com/php/pub.php?publication=acpch-19>

Printed with permission by Curran Associates, Inc. (2020)

**Additional copies of this publication are available from:**

Curran Associates, Inc.  
57 Morehouse Lane  
Red Hook, NY 12571 USA  
Phone: 845-758-0400  
Fax: 845-758-2633  
Email: [curran@proceedings.com](mailto:curran@proceedings.com)  
Web: [www.proceedings.com](http://www.proceedings.com)

## TABLE OF CONTENTS

THE INFLUENCE OF THE RELIGIOUS AUTHORITY ON INDIVIDUALS IN TAIWAN .....	1
<i>Zih-Rong Chen, Mein-Woei Suen, Bo-Shen Chen, Fu-An Shieh</i>	
THE IMPACT OF PARENTING ON ANXIETY: SOCIAL PHOBIA IN ADULT WOMEN .....	6
<i>Hanif Kartika Indrasari, Norhafizha Rinanda</i>	
SOCIAL INTERACTION AMONG ADOLESCENTS WHO USE SOCIAL MEDIA .....	11
<i>Nabila Rizki Amanda</i>	
IS MODIFIED COGNITIVE BEHAVIOR THERAPY MORE EFFECTIVE THAN TRADITIONAL COGNITIVE BEHAVIOR THERAPY? (A REVIEW ON SOCIAL ANXIETY DISORDER).....	17
<i>Cahyaning Suryaningrum</i>	
THE SIGNIFICANT ROLE OF CULTURE TO VALUE DIFFERENCES: SOCIO-EMOTIONAL CHALLENGE IN DIGITAL ERA.....	24
<i>Esti Widya Rahayu, Dewi Sri Mustikasari</i>	
LITERATURE REVIEW: THE FAMILY THERAPY AND NON-FAMILY THERAPY IN SCHIZOPHRENIA PATIENTS.....	30
<i>Quwwatun Azimah Mustajab</i>	
THE FACTORS INFLUENCING ORGANIZATIONAL CITIZENSHIP BEHAVIOR.....	36
<i>Bhimo Surya Putra</i>	
MIRRORING EXERCISE: DANCE/MOVEMENT THERAPY FOR INDIVIDUALS WITH TRAUMA.....	40
<i>Rullita Aristya Mintarsih, Baiq Sopia Iswari Azizah</i>	
PERSONAL EXPERIENCE AMONG WOMEN WHO HAD EXPERIENCED VIOLENCE IN PREMARITAL RELATIONSHIPS .....	47
<i>Lintang Aulia Utami, Rullita Aristya Mintarsih</i>	
THE IMPACT OF BAD EXPERIENCE, DISAPPOINTMENT, AND SHOPPING INTENSITY ON DIGITAL SHOPPERS' ANXIETY .....	52
<i>Widayat, Alfina Diana Irfani</i>	
SCHIZOPHRENIA SELF-DEVELOPMENT AND SELF-ADJUSTMENT IN THE COMMUNITY .....	58
<i>Tri Wiganti Andayani, Uun Zulfiana</i>	
THE DIFFERENCES IN EMOTIONAL COMPETENCE BETWEEN LOCAL STUDENTS AND MIGRANT STUDENTS .....	61
<i>Fitria Erma Megawati, Ika Wulandari</i>	
AN ANALYSIS OF A SCAFFOLDING COLLABORATIVE CONTEXTUAL METHOD OF INCLUSIVE TEACHER TOWARD THE STUDENTS WITH SPECIAL NEEDS IN ELEMENTARY SCHOOL .....	66
<i>Ni'matuzahroh, Uun Zulfiana, Mein-Woei Suen</i>	
GROUP PLAY THERAPY FOR BEHAVIORAL PROBLEMS IN STUDENTS.....	73
<i>Baiq Sopia Iswari Azizah, Annisa Ariani</i>	

SOCIAL SKILL INTERVENTIONS ON CHILDREN WITH ATTENTION-DEFICIT HYPERACTIVITY DISORDER (ADHD): PARENTS AND PEERS INVOLVEMENT .....	77
<i>Andita Faradilla</i>	
FAMILY-BASED INTERVENTION TO MANAGE ANXIETY AND DEPRESSION IN CHRONIC ILLNESS PATIENTS .....	82
<i>Dino Rizadman Rahia</i>	
BUGINESE WOMEN’S ATTITUDE TOWARD UANG PANAI’ AS ONE OF THE WEDDING CULTURES IN BUGINESE.....	86
<i>Miftah Ellyan Anggi Djabbar, Wistita Winaudri</i>	
THE ROLE OF SELF-EFFICACY IN ORGANIZATIONAL CITIZENSHIP BEHAVIOR.....	90
<i>Muh. Aqso Anfajaya, Arini Rahayu</i>	
PARENT-ADOLESCENT SEXUAL COMMUNICATION AND ADOLESCENT SEXUAL BEHAVIOR: A META-ANALYSIS REVIEW .....	94
<i>Siti Maimunah, Tina Afiatin, Avin Fadilla Helmi</i>	
THE USE OF COGNITIVE BEHAVIORAL THERAPY TO IMPROVE THE SELF-ESTEEM OF PERSON WITH SCHIZOPHRENIA: A CASE REPORT .....	101
<i>Diana Zumrotus Sa’adah</i>	
ADOLESCENT PROBLEM IN PSYCHOLOGY: A REVIEW OF ADOLESCENT MENTAL HEALTH STUDIES.....	105
<i>Niken Refanthira, Umilatul Hasanah</i>	
SELF-EFFICACY IN TERMS OF WORK ENGAGEMENT AND AFFECTIVE COMMITMENT AMONG TEACHERS .....	110
<i>Betta Fitriasaki, Rohmatul Ummah</i>	
IS IT DIFFERENT (?): THE SOCIO-EMOTIONAL COMPETENCE OF THE JAVANESE CHILDREN BASED ON GENDER.....	113
<i>Rohmatul Ummah, Betta Fitriasaki</i>	
PEER ATTACHMENT AND CHILD’S SOCIAL COMPETENCE.....	116
<i>Wiwik Suatin, Novie Triana Wijayanti</i>	
HUMAN PROBLEMS: SICK ROLE BEHAVIOR AMONG CHRONIC DISEASE SUFFERERS AND VARIOUS TREATMENT MODELS TO INCREASE IT .....	120
<i>Annisa Ariani, Lintang Aulia Utami</i>	
THE EFFECT OF PEER GROUP AND RELIGIOSITY ON EARLY MARRIAGE MOTIVATION .....	125
<i>Ranti Sagita</i>	
INTERVENTIONS USING INDIVIDUAL AND SOCIAL APPROACHES (NON- MEDICATION) IN IMPROVING THE SELF-REGULATION OF CHILDREN WITH SPECIAL NEEDS AND SELF-REGULATORY PROBLEMS .....	128
<i>Trie Nurfadillah Hanapi, Latipun</i>	
SELF-REGULATION TOWARD ENTREPRENEURSHIP INTENTION: MEDIATED BY SELF- EFFICACY IN THE DIGITAL AGE.....	134
<i>Erik Hendro Putra Tewel, Zumrotul Sholihah</i>	
SPIRITUAL WELL-BEING AND MENTAL HEALTH OF STUDENTS IN INDONESIA.....	137
<i>Hamka, Ni’matuzahroh, Suen Mein-Woei</i>	

ENTREPRENEURIAL INTEREST AMONG STUDENTS IN PALEMBANG AND MALANG IN THE DIGITAL ERA .....	141
<i>Arini Rahayu, Muh. Aqso Anfajaya</i>	
A PERSPECTIVE OF HUSBAND AND WIFE ROLES IN LONG-DISTANCE MARRIAGE.....	145
<i>Riski Januar Tri Harsari</i>	
THE IMPORTANCE OF INFORMATION LITERACY TO FACE THE CHALLENGES OF THE INDUSTRIAL REVOLUTION 4.0: STUDY OF INDONESIAN, MALAYSIAN, AND THAI STUDENTS.....	149
<i>Tutut Chusniyah, Ari Firmanto, Dedi Kuswandi, Jas Laile Suzana Binti Jaafar, Apitchaya Chaiwitikornwanich, Arif Mustapa</i>	
THE MEANING OF PARENT’S DEATH FOR CHILDREN AND ADOLESCENTS .....	153
<i>Novie Triana Wijayanti, Wiwik Suatin</i>	
THE ROLE OF POSITIVE PSYCHOLOGY IN ENGLISH FOREIGN LANGUAGE CLASSROOM.....	157
<i>Naf’an Tarihoran, Bayi Syafuri, Atika Rahmania Elbarusi</i>	
AN ANALYSIS OF MMPI-2 ON EGO STRENGTH, POSITIVE MALINGERING, AND ANXIETY .....	162
<i>Sudjiwanati</i>	
A PRELIMINARY STUDY OF THE RELATIONSHIP AMONG CRITICAL THINKING, RELIGIOUS MOTIVATION, RELIGIOUS DEVOTION, AND HOMOSEXUAL ATTITUDE IN TAIWAN.....	166
<i>Bo-Shen Chen, Mein-Woei Suen, Zih-Rong Chen, Fu-An Shieh</i>	
COMBINING PROBLEM-SOLVING THERAPY WITH OTHER TREATMENTS TO IMPROVE WELL-BEING OF SOCIETY.....	171
<i>Intan Novantin Citra Ady, Wa Ode Nursanaa</i>	
HARDINESS PERSONALITY IN YOUNG ADULTS WITH DIVORCED PARENTS.....	176
<i>Nur Indah Agustini</i>	
CULTURAL STUDY: THE FEELING OF LOVE OF BUGINESE MEN .....	179
<i>Wistita Winaudri, Miftah Ellyan Anggi Djabbar</i>	
PARENT ATTACHMENT AND ADOLESCENT’S PROBLEMATIC INTERNET USE: A LITERATURE REVIEW .....	183
<i>Rizka Asyriati</i>	
FACTORS INFLUENCING EMPLOYEE ATTITUDES TOWARD ORGANIZATIONAL CHANGE: LITERATURE REVIEW .....	188
<i>Kamarul Arifin</i>	
DOES BRIEF PSYCHOEDUCATION WORKS IN ENHANCING STREET CHILDREN KNOWLEDGE TO PREVENT SEXUAL ABUSE?.....	192
<i>Hanum Nindialoka, Latipun</i>	
WHAT HAPPENED ON INSTAGRAM: INSTAGRAM USAGE ACTIVITIES AND BODY IMAGE IN ADOLESCENT.....	198
<i>Dewi Sri Mustikasari, Esti Widya Rahayu</i>	

BERLIAN (BERMAIN-EXPERIENTIAL-LEARNING-ANAK) COMMUNITY TO SUPPORT CHARACTER EDUCATION FOR CHILDREN .....	202
<i>Iswinarti, Nida Hasanati, Rinikso Kartono, Retno Firdiyanti</i>	
LITERATURE REVIEW: COGNITIVE BEHAVIOR THERAPY FOR PEOPLE WITH ALCOHOL ABUSE .....	207
<i>Jainal Ilmi</i>	
HUMAN PROBLEMS: COMPETITIVE ANXIETY IN SPORT PERFORMER AND VARIOUS TREATMENTS TO REDUCE IT .....	211
<i>Umilatul Hasanah, Niken Refanthira</i>	
THE DEVELOPMENT OF ANXIETY SENSITIVITY INTERVENTIONS FROM MANUAL TO COMPUTERIZED .....	216
<i>Aisyah Putri Rawe Mahardika, Ulwiyatul Hidayat</i>	
JOB STRESS, SELF-EFFICACY, AND JOB SATISFACTION IN POLICE .....	221
<i>Rizka Kurniawati</i>	
JOB-HOPPING AND THE DETERMINANT FACTORS .....	225
<i>Ajeng Larasati, Dian Bagus Aryanto</i>	
THE USE OF INSTAGRAM AND PSYCHOLOGICAL WELL-BEING IN THE DIGITAL ERA .....	228
<i>Ivan Jati Kusuma, M. Salis Yuniardi</i>	
FACTORS AFFECTING CHILDREN'S LANGUAGE DEVELOPMENT .....	232
<i>Nur Ida Fitria</i>	
LOCUS OF CONTROL AND SELF-EFFICACY ON ENTREPRENEURIAL INTENTIONS IN THE DIGITAL AGE .....	235
<i>Moh. Sarifudin S. Auna</i>	
STIGMATIZATION MODEL: STRATEGIES FOR CHANGING STIGMA ON MENTAL DISORDERS IN THE COMMUNITY .....	239
<i>Binar Alkautsar</i>	
FACING THE INDUSTRIAL REVOLUTION 4.0 WITH SUFISTIC TRANSPERSONAL PSYCHOLOGY .....	245
<i>Ivandianto</i>	
THE ROLE OF EMOTIONAL INTELLIGENCE IN ADOLESCENT DEVELOPMENT .....	250
<i>Z.A Nusaibah Nur Furqani</i>	
PEOPLE'S VIEW ON COMMUNICATION BEHAVIOR OF KOPLO PILLS USERS IN SOCIALIZING WITH OTHERS .....	254
<i>Zumrotul Sholihah, Erik Hendro Putra Tewal</i>	
PROMOTING SOCIAL COMPETENCE WITH CLASSICAL AND CONTEMPORARY TREATMENT: TEACHING COMMUNICATION FOR CHILDREN WITH AUTISM .....	258
<i>Norhafizha Rinanda, Hanif Kartika Indrasari</i>	
THE FEAR OF MISSING OUT AND USAGE INTENSITY OF SOCIAL MEDIA .....	264
<i>Zainul Anwar, Erlin Dias Fury, Santhia Roya Fauziah</i>	
THE COMPARISON BETWEEN PHYSICAL THERAPY AND PSYCHOSOCIAL THERAPY TO CONTROL STRESS AMONG HYPERTENSIVE PATIENTS .....	269
<i>Purwo Erina Wahyuriko</i>	

PLAY THERAPY FOR CHILDREN WITH ANXIETY DISORDERS .....	275
<i>Wa Ode Nursanaa, Intan Novantin Citra Ady</i>	
THE IMPACT OF ORGANIZATIONAL CULTURE AND PERCEIVED ORGANIZATIONAL SUPPORT ON EMPLOYEE ENGAGEMENT .....	281
<i>Gartinia Nurcholis, Widjajaning Budi</i>	
EFFECTIVE COMPARISON OF INTERVENTIONS BY INVOLVING PARENTS OR PEERS IN IMPROVING SOCIAL COMPETENCE OF AUTISM CHILDREN .....	288
<i>Ulwiyyatul Hidayat, Aisyah Putri Rawe Mahardika, Musdalifa</i>	
ANTECEDENT AND CONSEQUENCE OF AGGRESSIVE BEHAVIOR: THE EMPIRICAL FRAMEWORK AND FUTURE IMPLICATION .....	293
<i>Defani Ismiriam Rakhmi</i>	
IMPROVING FRIENDSHIP QUALITY THROUGH FORGIVENESS AMONG ADOLESCENTS WITH CONFLICT .....	298
<i>Sururun Marfuah, Latipun</i>	
RESISTANCE TO CHANGE: CAUSES AND STRATEGIES AS AN ORGANIZATIONAL CHALLENGE .....	302
<i>Ahmad Hafizh Damawan, Siti Azizah</i>	
THE ROLE OF FORGIVENESS ON PSYCHOLOGICAL WELL-BEING IN ADOLESCENTS: A REVIEW .....	307
<i>Ika Wulandari, Fitria Erma Megawati</i>	
HIGH SCHOOL STUDENTS ENGAGEMENT IN MALANG RAYA: WHAT CAN THE RASCH MODEL EXPLAIN? .....	312
<i>Navy Tri Indah Sari, Rizky Putra Santosa, Silfiasari</i>	
FACTORS INFLUENCING MENTAL TOUGHNESS .....	317
<i>Dian Bagus Aryanto, Ajeng Larasati</i>	
THE RELATIONSHIP BETWEEN GRATITUDE AND MEANING OF LIFE IN HONORARY TEACHER .....	320
<i>Miftahurrahman</i>	

**Author Index**