

3rd ASEAN Conference on Psychology, Counseling, and Humanities (ACPCH 2017)

**From Research to Practice:
Embracing the Diversity**

Advances in Social Science, Education and
Humanities Research Volume 133

Malang, Indonesia
21 – 22 October 2017

Editors:

**Latipun
Diah Karmiyati
Norazah Mohd Noordin
Nor Shafrin Ahmad
Akhsanul In'am**

**Ishomuddin
Shahabuddin Hashim
Nik Rosila Nik Yaacob
Rahimi Che Aman**

ISBN: 978-1-5108-5694-3

Printed from e-media with permission by:

Curran Associates, Inc.
57 Morehouse Lane
Red Hook, NY 12571



Some format issues inherent in the e-media version may also appear in this print version.

Copyright© (2018) by Atlantis Press
All rights reserved.
<http://www.atlantis-press.com/php/pub.php?publication=acpch-17>

Printed by Curran Associates, Inc. (2018)

For permission requests, please contact the publisher:

Atlantis Press
Amsterdam / Paris

Email: contact@atlantis-press.com

Additional copies of this publication are available from:

Curran Associates, Inc.
57 Morehouse Lane
Red Hook, NY 12571 USA
Phone: 845-758-0400
Fax: 845-758-2633
Email: curran@proceedings.com
Web: www.proceedings.com

TABLE OF CONTENTS

COPING WITH NEGATIVE ATTITUDE TOWARD MUSLIMS IN THE NETHERLANDS AND GERMANY: THE ROLE OF RELIGIOUS MORAL VALUES AMONG INDONESIAN MIGRANTS	1
<i>Ahmad Muhammad Diponegoro, Mujidin</i>	
PSYCHOLOGICAL EXPERIENCE DYNAMICS OF STUDENTS WITH GLOSSOPHOBIA THROUGH NARRATIVE COUNSELING AS SEEN FROM GENDER: A QUALITATIVE STUDY	5
<i>Ajeng Intan Nur Rahmawati, Imam Ariffudin, Mulawarman Mulawarman</i>	
THE EFFECT OF SELF-EFFICACY TO MATHEMATICAL ANXIETY ON JUNIOR HIGH SCHOOL STUDENTS OF YDM LEARNING GUIDANCE COURSE MAKASSAR	10
<i>Dian Novita Siswanti, Novita Maulidya Djalal</i>	
EFFECTS OF INDIVIDUAL DIFFERENCES ON THE PERFORMANCE IN COMPUTER BASED TEST (CBT)	16
<i>Endah Mastuti, Seger Handoyo</i>	
FIRST YEAR CHALLENGE: THE ROLE OF SELF-REGULATED LEARNING TO PREVENT INTERNET ADDICTION AMONG FIRST-YEAR UNIVERSITY STUDENTS	25
<i>Ermida Simanjuntak</i>	
THE IMPLEMENTATION OF MENTAL TRAINING METHOD IN SPORT TO INCREASE ATHLETE'S MENTALITY AT STUDENT EDUCATION AND EXERCISE (PPLP) MAKASSAR	30
<i>Eva Meizara Puspita Dewi, Saharullah, Hasyim</i>	
POSITIVE EMOTION SKILLS AT WORK: INTERVENTION TO INCREASE WELL-BEING OF WORKING MOTHERS IN PMI CENTRAL JAVA	33
<i>N. R. H. Frieda, Anggun Resdasari Prasetyo, Ika Zenita Ratnaningsih, Jati Ariati, Unika Prihatsanti, Nailul Fauziah, Erin Ratna Kustanti</i>	
SHOULD I BE GRATEFUL?: GRATITUDE AND TEACHERS' MENTAL HEALTH OF CHILDREN WITH SPECIAL EDUCATIONAL NEEDS (SEN)	38
<i>Kristiana Ika, E. R. Kustanti</i>	
FAMILY RESILIENCE: A CONCEPTUAL REVIEW	41
<i>Ike Herdiana, Suryanto, Seger Handoyo</i>	
GROUP REALITY THERAPY TO INCREASE SELF-ESTEEM IN ADOLESCENTS	48
<i>Iswinarti, Yanuarty Paresma Wahyuningsih</i>	
AN INDIVIDUAL POSITIVE EMOTION EXERCISE: ITS INFLUENCE ON SELF-EFFICACY AND PROCRASTINATION OF NURSING STUDENTS	53
<i>Jati Ariati, Sarah A Nasution, Qonita Laras, Ade S. Fathiawati, Ellis C. Panggabean</i>	
MULTISENSORY MODEL FOR HOME EARLY LITERACY STIMULATION: THE IMPLEMENTATION PROCESS	56
<i>Lisnawati Ruhaena</i>	
THE INCULCATION OF VALUES IN TEACHING PROVERB AT LOWER SECONDARY LEVEL	61
<i>Mohd Rashid Md Idris, Nurul Munirah Binti Ismail, Norul Haida Reduzan, Abdullah Yusof</i>	
THE ROLE OF MUSIC THERAPY IN PROMOTING COMMUNICATION AND SOCIAL SKILLS IN CHILDREN WITH AUTISM SPECTRUM DISORDER: A PILOT STUDY	65
<i>Monica Subiantoro</i>	
COGNITIVE RISK FACTORS OF SOCIAL ANXIETY	71
<i>Muhamad Salis Yuniardi, Mair Roberts, Hannah Blowfield, Mark Freeston, Jacqui Rodgers</i>	
DEVELOPING A RELIGIOUS BASED COACHING MODEL TO ADDRESS PROBLEMS FACED BY PRISONERS AT FIRST CLASS DETENTION CENTER MAKASSAR	79
<i>Muhammadong, Abdul Hadis, Eva Meizara Puspita Dewi</i>	
THE INFLUENCE OF INTERPERSONAL CONFLICT ON COUNTERPRODUCTIVE WORK BEHAVIOUR MEDIATED BY JOB STRESS	82
<i>Nida Hasanati, Tulus Winarsunu, Vironica Dwi Karina</i>	
SCHOOL COMMUNITY ROLE IN IMPLEMENTING INCLUSIVE EDUCATION	89
<i>Yuni Nurhamida</i>	
PRACTISE OF CRISIS INTERVENTION AMONG MALAYSIAN COUNSELLORS	95
<i>Nor Shafrin Ahmad, Siti Fatimah Kamal, Ahmad Amin, Mohamad Sulaiman</i>	
COGNITIVE RESTRUCTURING TECHNIQUES (CRT) IN REDUCING CAREER WOMEN'S ANXIETY	99
<i>Norsuraya Hassan, Syed Mohamad Syed Abdullah</i>	

LISTENING TO THE QURAN RECITATIONS: 'DOES IT AFFECT PSYCHOPHYSIOLOGICAL MEASURES OF EMOTION?'	105
<i>Queen Rahmah Rizqi Zaidah, Muhammad Imaduddin</i>	
PSYCHOLOGICAL COUNSELING TO REDUCE ADOLESCENT STRESS IN CHILD DEVELOPMENT AGENCY	112
<i>Rini Lestari</i>	
DEVELOPING ELEMETARY SCHOOL STUDENTS' HONESTY THROUGH TRADITIONAL GAME OF BALALASAMAN	116
<i>Ririanti Rachmayanie, Akhmad Sugianto</i>	
MENTAL HEALTH LITERACY AMONG YOUTH IN SURAKARTA	119
<i>Setia Asyanti, Usmi Karyani</i>	
FATHER INVOLVEMENT IN CHILD CARE FOR TODDLER VIEWED FROM MARRITAL SATISFACTION ON WIFE'S POINT OF VIEW	124
<i>Siti Maimunah, Sofa Amalia, Intan Rachmawati</i>	
ADULT ATTACHMENT SUPPORT TO EMOTION REGULATION WHEN MARITAL CONFLICTS HAPPEN TO MARRIED WOMEN	130
<i>Sitti Murdiana</i>	
THE INFLUENCE OF INSTRUMENTAL MUSIC AND RELAXATION TOWARDS INFORMATION RETRIEVAL ON STUDENTS	135
<i>Tatik Imadatus Sa'Adati</i>	
THE RELATIONSHIP BETWEEN WORK VALUE AND ORGANIZATIONAL COMMITMENT ON STUDENT OF SEKOLAH POLISI NEGARA MOJOKERTO	140
<i>Tri Muji Ingarianti</i>	
IS IT CRUCIAL TO USE INFORMATION-BASED THEORY IN EXPLAINING ATTITUDE TOWARDS CHANGE?	145
<i>Tulus Winarsunu</i>	
APPRECIATION TOWARD THE SENSE OF HUMOR SCALE BASED ON GENDER AND ETHNIC	151
<i>Unggul Haryanto Nur Utomo, Ahmad Muhammad Diponegoro</i>	
THE RELATIONSHIP BETWEEN ENTREPRENEURIAL SELF-EFFICACY, ENTREPRENEURIAL CURIOSITY AND INNOVATIVE BEHAVIOR ON ENTREPRENEUR STUDENTS	155
<i>Unika Prihatsanti</i>	
CAREER ADAPTABILITY: THE INFLUENCE OF READINESS AND ADAPTATION SUCCESS IN THE EDUCATION CONTEXT: A LITERATURE REVIEW	159
<i>Wiwik Sulistiani, Seger Handoyo</i>	
ASSESSING EMPLOYABILITY SKILLS AMONG SPECIAL EDUCATION STUDENT TEACHERS IN MALAYSIA	170
<i>Zainudin Mohd Isa, Ahmad Zamri Khairani</i>	
THE EFFECTIVENESS OF MINDFULNESS-BASED TRAINING ON PREGNANCY STRESS	174
<i>Zulfa Febriani, Endang Fourianalistyawati, Riselligia Caninsti</i>	
THE EFFECT OF THOUGHT STOPPING THERAPY ON THE BLOOD AND PULSE PRESSURES AS AN ANXIETY INDICATOR OF INJECTIONS	177
<i>Latipun dan Hevi Mulia Putri, Yohan Kurniawan</i>	
THE CORRELATION OF SELF-CONSTRUAL, SELF-EFFICACY, AND EMOTIONAL REGULATION STRATEGY AS CULTURAL FACTORS WITH SOCIAL ANXIETY: PRELIMINARY STUDY	182
<i>Cahyaning Suryaningrum</i>	
THE COMPARISON BETWEEN LAUGHTER AND SEFT THERAPIES EFFECT TOWARDS STRESS FOR THE ELDERLY PEOPLE	188
<i>Diah Karmiyati, Siti Zuhana Sari</i>	
LOSS AND GRIEF COUNSELLING FOR FLOOD VICTIMS	194
<i>Rahimi Che Aman, Syed Mohamad Syed Abdullah, Nor Shafrin Ahmad</i>	
ELEMENT OF COMMUNITY AND DRUG ABUSE PERCEPTION	198
<i>Eny Purwandari, Juliani Prasetyaningrum, Rini Lestari</i>	
THE EFFECT OF SELF-EFFICACY AND GENDER ON THE WORK-FAMILY BALANCE OF EMPLOYEES IN YOGYAKARTA	201
<i>Nina Zulida Situmorang, Fauziah Wijayanti</i>	
ITEM ANALYSIS IN AFFECT MEASUREMENT ON DECISION TO CAR PURCHASE USING RASCH MODEL	205
<i>Asri Rejeki, Siti Sulasmi, Tatik Suryani</i>	

CAREER GUIDANCE AND COUNSELING PROGRAM FOR INFORMAL EDUCATION IN INDONESIA	209
<i>Dede Rahmat Hidayat, Susi Fitri, Siti Aminah Al-Falathi</i>	
PSYCHO-SOCIAL DETERMINANTS OF ACADEMIC WELL-BEING FOR INTERNATIONAL STUDENTS FROM DEVELOPED COUNTRIES WHO STUDY IN DEVELOPING COUNTRIES	212
<i>Erna Z Wiles</i>	
THE STUDY OF CHARACTER-ASSESSMENT BOOK USE IN JUNIOR HIGH SCHOOL	221
<i>Eva Meizara Puspita Dewi, Harlina Hamid, Novita Maulidya Djalal</i>	
ELDERLY ANXIETY IN THE PROCESS OF REGULAR HAJJ	227
<i>Farah Zahruna Thirafi, Siti Nurina Hakim</i>	
CRISIS COUNSELING FOR TRAUMA IN EARLY CHILDHOOD	230
<i>Nina Permata Sari, M. Arli Rusandi</i>	
INTERVENTION MODEL OF CHILDREN GROWTH AND DEVELOPMENT TO IMPROVE STIMULATION SKILLS OF PARENTS WITH EARLY CHILD	234
<i>Nissa Tarnoto, Fatwa Tentama, Dessy Pranungsari</i>	
EFFECT OF PERSONALITY (BIG FIVE PERSONALITY) TO MULTITASKING	239
<i>Rizki Widyahastuti, Zainul Anwar</i>	
HOME ENVIRONMENT AND STRESSFUL LIFE EVENTS ON CHILD DEPRESSION	246
<i>Nur Alina Saidah</i>	
YOGA FOR MENOPAUSAL SYMPTOMS: A REVIEW	251
<i>Denise Permatasari</i>	
THE ROLE OF PSYCHOLOGICAL INTERVENTION TO IMPROVE ATTENTION ADHD CHILD	256
<i>Novil Cut Nizar</i>	
GRATITUDE WITH WELL BEING FOR ELDERLY WHO LIVE IN SOCIAL CARE RESIDENCE : A REVIEW	261
<i>Siti Fatimah</i>	
THE EFFECT OF ATTACHMENT STYLE ON ADOLESCENT'S CONFLICT RESOLUTION STYLES	264
<i>Zaimah Dwita Arum Primasari Sutiyo</i>	
DRUG IN THE WORKPLACE	270
<i>Khatijah Taharah Binti Mohamed Shah</i>	
ANGER EXPERIENCE AND EXPRESSION AMONG ADOLESCENTS: A TEST OF THE STAXI-2 C/A	274
<i>Lei Voon Ng, Khai Ling Khor</i>	
APPLICATION OF THE HOMEWORK TECHNIQUE FOR WOMEN'S DEPRESSION IN A DIVORCE PROCESS	278
<i>Nur Azmina Paslan, Rahimi Che Aman</i>	
CAN DYSFUNCTIONAL THOUGHT RECORD REDUCE POSTPARTUM DEPRESSION?	282
<i>Eow Gaik Pheng, Nik Rosila Nik Yaacob</i>	
EFFECTIVENESS OF CREATIVE PEDAGOGY IN ENHANCING THE KNOWLEDGE AND AWARENESS ON BULLYING AMONGST SECONDARY SCHOOL STUDENTS	286
<i>Jamalsafri Saibon, Syed Mohamad Syed Abdullah, Amelia Leong Chiew Har</i>	
ASSESSING RESILIENCE AMONG MALAYSIAN UNIVERSITY UNDERGRADUATES	293
<i>Nor Shafrin Binti Ahmad, Ahmad Zamri Bin Khairani, Rahimi Binti Che Aman</i>	
EXPLORING SELF-CONCEPT ON YOUNG PRISONERS USING AN APPRECIATIVE INQUIRY APPROACH	297
<i>Andromeda, Yogi Swaraswati, Woro Apriliana Sari</i>	
LONELY RELATIONSHIP WITH THE DEPRESSION MODIFIED BY RELIGIOSITY	301
<i>Ega Yahya Fadillah</i>	
DEVELOPMENT AND VALIDATION OF PEACHFUL BEHAVIOR SCALE	305
<i>Latipun, Ari Firmanto</i>	
Author Index	